



Toons Goal Fish Rain Love Ottowa Family Edmonton Montreal Breeze <sup>©</sup> Animate Treasure 6 Smile Cartoon Halifax Atlantic Friends Storm Toronto

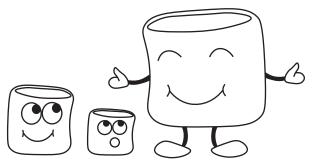
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## Marchmallow Stins Rectas

#### YOU WILL NEED

- •6 Jumbo Marshmallows
- •I TBL Cooking Oil
- •1/2- I TBL Cornstarch Powder

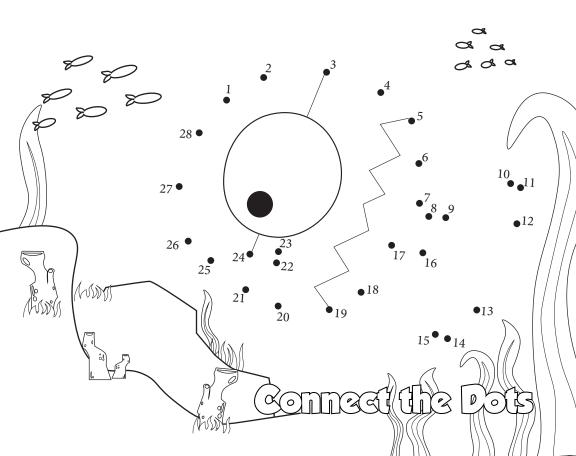
### Directions



Note: Adult supervision and assistance highly recommended. The marshmallows will get very HOT in the microwave. Always make sure the materials are cool enough to handle!

STEP I: Put 6 marshmallows in a microwave safe bowl and pour I TBL of oil into the bowl.

STEP 2: Microwave on high for 30 secs. We have a 1200 watt microwave oven so your time may vary slightly.



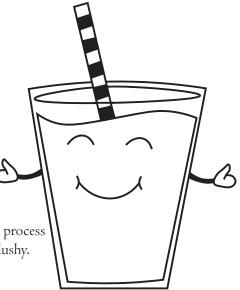
° Strewbarry Wetarmalon Strehts Reafors

### Ingredients

- •1/3 cup lemon juice
- •I/3 cup sugar
- •2 cups cubed seedless watermelon
- •2 cups fresh strawberries, halved
- •2 cups ice cubes

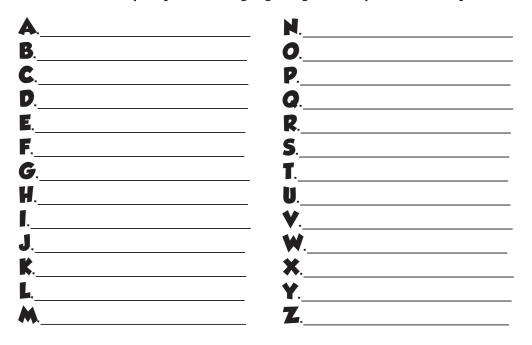
### Directions

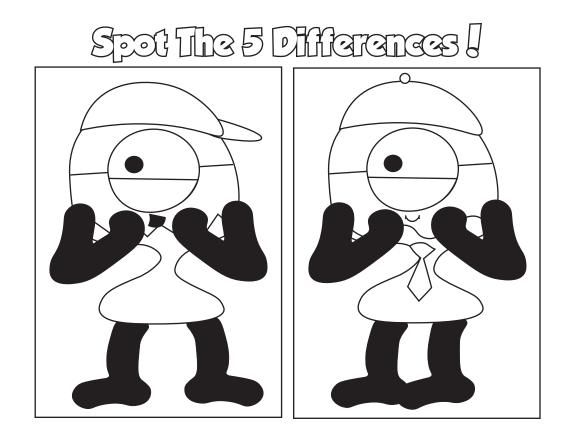
Place first 4 ingredients in a blender; cover and process until smooth. Add ice; process, covered, until slushy. Serve immediately.



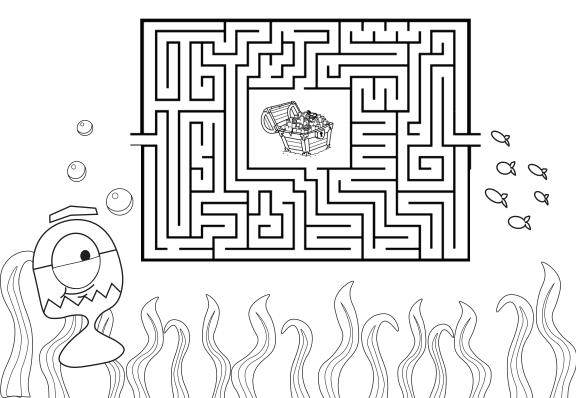
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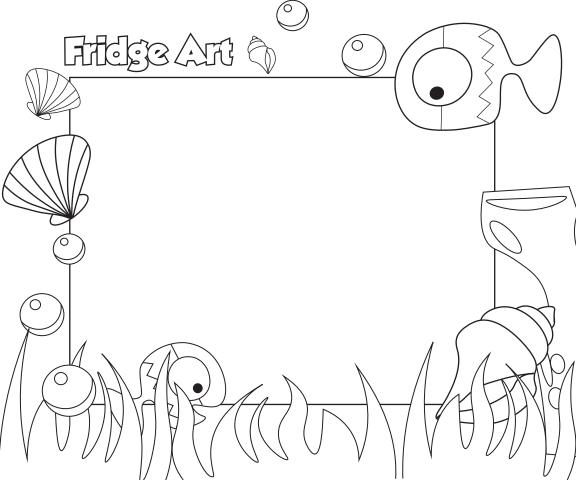
Look around! can you spot something beginning with every letter of the alphabet?





### Cap The Feb Find That Femily !





## Fourtean Fun Fosts

L Apples float on water!

 ${\mathfrak A}$  The shark is the only fish that can blink with both eyes.

🕄 Caterpillars have 12 eyes!

 ${igside G}$  It is impossible to lick your own elbow.

🔁 The first ketchup in the world was made of fish and mushrooms. Ew!

Applesauce was the first food eaten in space.

🖬 The dinosaur with the longest name is Micropachycephalosaurus.

 $\ensuremath{\widehat{\mathbf{O}}}_{\mathbf{r}}$  A crab's taste buds are on their feet.

 ${f Q}$  When cranberries are ripe, they can bounce like a ball.

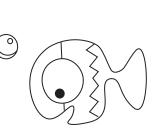
De Because bananas contain potassium, they are radioactive.

IL Flamingos eat with their head upside down.

🔁 The filling in a Kit Kat is broken up Kit Kats.

B. It is absolutely silent in space because sound cant travel.

🛱 Sunflowers face the sun. When they cannot find the sun, they face each other.





# Donu: Apple Rector

#### Ingredients

- •Apples
- •Spread: Peanut Butter: Crunchy or smooth
  - Almond Butter
  - Jam

•Toppings: • Sliced Almonds: Or your preferred nut of choice

- •Sprinkles
- •Mini Chocolate Chips
- •Honey

### Directions

Remove the core of the apples. Slice the apples into "donuts." Select your spread of choice and smooth about ½ tablespoon of it over one side of the apple donut. Sprinkle your toppings of choice over the "spread."



